



# FRESHLY MADE CATERING MENU



**Fresh Ingredients. Fresh Ideas. Freshly Made.  
What else would you serve?**

BREAKFAST..... 2/3  
SANDWICHES..... 4/5  
HOT LUNCHES ..... 6/7  
SALADS..... 8  
DINNER..... 9/10

DESSERTS..... 11  
DRINKS..... 12  
BBQ MENU..... 13/14  
APPETIZERS..... 15  
COLD PLATTERS..... 16



# BREAKFAST

Minimum 15 people for any menu item, unless otherwise noted.

## **A.M. BREAKFAST PLATTER**

A Delicious Arrangement of Fruit & Cheese Danishes, Cinnamon Buns, Assorted Muffins, Coffee Cakes, and Tea Loafs with Butter and Jellies. Toasted Bagels with Cheddar & Cream Cheese, and served with a Tropical Pineapple filled with Fresh Fruit

\$ 6.95 per person

## **BAGEL BASKET**

An Arrangement of Assorted Bagels, Accompanied with a Platter of sliced Tomatoes, Cucumbers, Sprouts, a variety of sliced Cheeses, Cream Cheese, Peanut Butter, Butter & Jellies.

\$ 5.95 per person

## **BREAKFAST WRAPS**

Warm Breakfast Wraps filled with Scrambled Eggs, Grilled Ham & Crispy Bacon, Melted Cheddar Cheese and Salsa. Served with a Medley of Fresh Cut Fruit, Assorted Muffins, Fruit Danishes, Butter & Jellies.

\$ 8.95 per person

## **CLASSIC BREAKFAST COMBO**

Fluffy Scrambled Eggs with a side of Salsa, Crispy Bacon or Breakfast Sausage, Diner Style Home Fries, Texas Toast, Butter & Fruit Preserves. Served with a side bowl of Fresh Fruit Salad.

\$ 11.95 per person

## **Fruit & Yogurt Parfait**

Individual Fruit & Yogurt Parfait.

Layers of Vanilla Yogurt, Fresh Berries and Quality Granola.

\$ 3.95 per person

## **FRESH FRUIT TRAY**

A Colourful Arrangement of Seasonal Fresh Fruit including Golden Pineapple, Cantaloupe, Sweet Melon, Grapes, Oranges and Strawberries

(S)\$ 35 (M)\$ 55 (L)\$ 80



# BREAKFAST

## **FRESH FRUIT SALAD BOWL**

\$ 2.95 per person

## **TROPICAL FRUIT AND CHEESE TRAY**

A Golden Pineapple Overflowing with Seasonal Fresh Fruit including Cantaloupe, Honeydew, Watermelon, Grapes, Oranges, Seasonal Berries & Kiwi. Accompanied by bite-size Cheese Cubes & Assorted Crackers

(S)\$ 35 (M)\$ 60 (L)\$ 85

## **Coffee or Tea**

Box of Coffee or Tea

(Serves 10-15 ppl)

\$ 26



# SANDWICHES

Portions are 1 Large Sandwich per person, cut in half.  
Minimum 8 people for any menu item, unless otherwise noted

## **COMPLETE LUNCH COMBO "Customer Favourite"**

Freshly Made Assorted Sandwich Tray,  
Tri-colour Pasta Primavera Salad or Garden Salad with Dressing,  
Simply Delicious Dessert Tray,  
Assorted Cold Pop & Water  
1 sandwich each \$ 12.95 per person  
1.5 sandwiches each \$ 15.95 per person

## **ASSORTED SANDWICH TRAY**

Featuring a variety of Turkey Breast & Swiss Cheese, Black Forest Ham & Cheddar, Shaved Roast Beef, Chicken Salad, Egg Salad, Tuna Salad and Vegetarian.  
Served on a variety of Texas Style White & Wheat Breads, Italian, Ciabatta, Onion & Panini Buns, German Style Rye Bread and Colourful Wraps  
\$ 6.95 per person

## **JUMBO WRAP COMBO**

Colourful Flatbreads filled with Turkey & Swiss Cheese, Black Forest Ham & Cheddar, Roast Beef, Grilled Chicken Breast, Vegetarian, Egg & Tuna Salads.  
Served with Tri-colour Fusilli Pasta Salad and Greek Salad with Feta.  
\$ 11..95 per person

## **JUMBO WRAP PLATTER**

Grilled Chicken Breast, Turkey & Swiss Cheese, Black Forest Ham & Cheddar, Shaved Roast Beef, Egg Salad, Tuna Salad and Vegetarian Wraps.  
Served on a colourful combination of Spinach, Tomato, Garlic Herb & Whole-Wheat Flatbreads  
\$ 7.45 per person

## **TRIANGLE SANDWICH TRAY**

Fancy Triangle Sandwiches with Turkey & Swiss Cheese, Black Forest Ham & Cheddar, Shaved Roast Beef, Chicken Salad, Egg Salad and Tuna Salad. Professionally Arranged and Garnished  
\$ 6.95 per person

## **HOT WRAP COMBO**

A variety of Greek Gyro, Southwest Chicken Fajita, Black Forest Ham & Cheddar, Roast Beef Melt with Sautéed Onions and Grilled Vegetable Wraps.  
Served with a Garden Salad and Choice Dressings,  
Gourmet Cookie Tray and  
Assorted Cold Pop  
\$ 13.95 per person



# SANDWICHES

## **CIABATTA SANDWICHES**

A Selection of Grilled Chicken Breast, Shaved Roast Beef  
and Grilled Vegetable Sandwiches  
Served on Herbed Ciabatta Bun  
With Vegetable Quinoa Salad  
And Garden Salad with Dressing  
\$ 12.95

## **DELUXE GRILLED CHICKEN BREAST PLATTER**

Tender Grilled Chicken Breast with Lemon-Herb and Roasted Red Pepper Rub, served chilled with sliced Tomatoes and Freshly Grilled Vegetables.  
Accompanied by colourful Cauliflower-Broccoli Salad, Homestyle Potato Salad & Cheesy Garlic Bread.

\$ 13.95 per person  
Minimum 10 people Seasonal pricing may apply

## **MEAT AND CHEESE PLATTER**

A Traditional Favourite. Create your own Lunch with sliced Roast Beef, Black Forest Ham, Turkey Breast, Cheddar & Havarti Cheese Slices and Cubes.  
Accompanied by Sliced Tomatoes, Pickles, Olives & Zesty Vegetables.  
Served with both Pasta Primavera & Garden Salads.  
Complete with a Basket of Breads, Rolls & Condiments.

\$ 12.95 per person  
Add Egg & Tuna Salad...\$ 13.95 per person  
(Minimum 10 people)

## **BISTRO BOXED LUNCH**

A Delicious Sandwich on Soft Texas Style White or Whole-Wheat Bread with an assortment of Ham & Cheddar, Turkey Breast & Swiss, Roast Beef, Chicken Salad, Egg Salad & Vegetarian.  
Choice of Pasta Primavera, Homestyle Potato Salad, or Creamy Coleslaw.  
A Gourmet Soft Chunk Cookie,  
Cold Soft Drink, Wrapped Candy, Napkin & Cutlery.  
Easy to distribute for large groups  
Cost Effective, Quick Clean-up

\$ 10.95 per person  
(Minimum 15 people)



# HOT LUNCH

Minimum 8 people for any menu item, unless otherwise noted.

## **PAN-ASIAN STIR FRY**

A combination of Asian Style Vegetables in a Sesame Ginger Sauce served with your choice of Tender Chicken or Beef, includes Chef's Fried Rice, Crispy Vegetable Spring Rolls and Spicy Thai Dipping Sauce.  
\$ 14.95

## **GREEK LUNCH COMBO**

Baked Oregano Chicken Breast & Sliced Gyro.  
Served with Rice Pilaf,  
Greek Salad with Feta,  
Warm Pita Breads & Tzatziki Dip  
\$ 14.95

## **CHICKEN MARSALA**

Boneless Chicken Breast Sautéed with Mushrooms, Onions and herbs in a Marsala Wine Sauce  
Served with Baked Pasta Pesto  
Garden Salad with Balsamic Dressing  
Fresh Italian Bread, Assorted Dinner Rolls & Butter  
\$ 13.95

## **MEXICAN CHICKEN "Parmesan"**

Lightly Breaded Chicken Breast Cutlet  
Served in a Mild Chipotle Sauce with Melted Cheddar Cheese  
Spanish Rice Pilaf  
Tex-Mex Garden Salad with Salsa Ranch Dressing  
Assorted Flatbreads with Butter  
\$ 13.95

## **CHICKEN OR VEAL PARMESAN**

Lightly Breaded Cutlets Baked in Tomato Sauce & topped with Mozzarella Cheese.  
Served with Pasta Marinara,  
Caesar Salad and  
Cheesy Garlic Bread  
Chicken \$ 13.95/Veal \$ 13.95

## **CHICKEN OR VEAL PARMESAN SANDWICH**

Served on a Crusty Italian Bun with Tomato Sauce, Melted Mozzarella & Romano Cheese.  
Accompanied by Fresh Caesar Salad and  
Italian Style Dessert Tray.  
\$ 13.95



# HOT LUNCH

Minimum 8 people for any menu item, unless otherwise noted.

## **ROAST BEEF AND GRAVY**

Tender Sliced Roast Beef & Gravy,  
served with our Delicious Herbal Mashed Potatoes,  
Hot Buttered Vegetables and  
Assorted Rolls & Butter.  
\$ 13.95

## **GRILLED CHICKEN BREAST AND PASTA ALFREDO**

Herbal Grilled Chicken served with Sautéed Italian Vegetables.  
Accompanied by Bowtie Noodles in a Creamy Romano Cheese Sauce,  
Garden Salad &  
fresh Italian Bread  
\$ 13.95

## **SOUTHERN CLASSIC CHICKEN**

Lightly Breaded & Crispy Chicken Breast with Spinach Cream Sauce.  
Served with Rice Pilaf, Mashed or Roasted Potatoes,  
Hot Buttered Vegetables and  
Assorted Rolls & Butter.  
\$ 13.95

## **ITALIAN STYLE LASAGNA**

Meat & Cheese or Vegetable Lasagna,  
served with Garden or Caesar Salad and  
Cheesy Garlic Bread  
\$ 10.95

## **CHICKEN CROSTINI**

Encrusted Chicken Breast filled with Spinach & Cheese.  
Served with Rice Pilaf or Pasta Marinara,  
Fresh Garden Salad and  
Assorted Rolls & Butter.  
\$ 13.95

## **HOT WRAP COMBO**

A variety of Greek Gyro, Southwest Chicken Fajita, Black Forest Ham & Cheddar, Roast Beef Melt with Sautéed Onions and  
Grilled Vegetable Wraps.  
Served with a Garden Salad and Choice Dressings,  
Gourmet Cookie Tray and  
Assorted Cold Pop  
\$ 13.95



# SALADS

Minimum 8 people for any menu item, unless otherwise noted.

## **FRESHLY MADE SALADS**

Garden Salad  
Caesar Salad  
Creamy Coleslaw  
Homestyle Potato Salad  
Tri-colour Fusilli Pasta Salad

\$ 2.95 per person

## **PREMIUM SALADS**

Greek Pasta Salad  
Cucumber-Tomato Salad  
Cauliflower-Broccoli Salad  
Greek Salad with Feta Cheese  
Asian Salad with Sesame Ginger Dressing  
Vegetable Quinoa Salad  
Rainbow Kale Salad with Colourful Peppers & Almonds

\$ 3.95 per person





# DINNER

Minimum 25 people for any menu item, unless otherwise noted.  
Corporate Dinner Pricing based on deliveries M-F, 4:30-6:30pm

## **SMOTHERED CHICKEN BREAST**

Tender Chicken Breast Served on a Bed of Sautéed Spinach topped with Crisp Bacon, Green Onions and Melted Cheese.  
Served with Rice Pilaf,  
California Mixed Vegetables,  
Fresh Caesar or Greek Salad and  
Assorted Rolls & Butter  
\$ 17.95 per person

## **ROAST BEEF & GRAVY**

A Dinner Size Portion of Tender Sliced Roast Beef,  
served with Herbal Mashed Potatoes,  
Green Beans and Baby Carrots.  
Fresh Garden Salad with Choice Dressings and  
Assorted Rolls & Butter  
\$ 17.95 per person

## **PORTUGUESE CHICKEN GALINHA**

Grilled Chicken Breasts, Legs & Thighs Marinated in a Spicy Red Pepper Sauce.  
Served with Rice Pilaf & Roasted Potatoes.  
Fresh Garden Salad with Dressings and  
Assorted Rolls & Butter  
\$ 17.95 per person

## **PAN-ASIAN STIR FRY**

A combination of Asian Style Vegetables in a Sesame Ginger Sauce  
Served with your choice of Tender Chicken or Beef,  
includes Chef's Fried Rice,  
Crispy Vegetable Spring Rolls served with Spicy Thai Dipping Sauce  
\$ 17.95 per person



# DINNER

Minimum 25 people for any menu item, unless otherwise noted.  
Corporate Dinner Pricing based on deliveries M-F, 4:30-6:30pm

## **CHICKEN OR VEAL PARMESAN**

Lightly Breaded Italian Style Cutlets topped with Tomato Sauce, Melted Mozzarella & Romano Cheese.  
Served with Penne Pasta Marinara or Rigatoni alla Olio,  
Mediterranean Antipasto Salad and  
Crusty Italian Rolls & Butter.  
\$ 17.95 per person

## **CHICKEN CROSTINI**

Encrusted Chicken Breast filled with Spinach & Cheese.  
Served with Baked Rice Pilaf and  
Hot Buttered Vegetables.  
Choice of Garden or Caesar Salad,  
Accompanied by Fresh Rolls & Butter.  
\$ 17.95 per person



# DESSERTS

Minimum 8 people for any menu item, unless otherwise noted.

## **SIMPLY DELICIOUS DESSERT TRAY**

A Delightful Arrangement of Caramel Fudge Brownies, Almond & Apple Crumble Cake, Rocky Road Squares, Carrot Cake, Chocolate & Cheese Cakes, Custard & Pecan Tarts, Soft Chunk Style Cookies and Much More! Garnished with Imported Cookies, Biscottis & Cannolis

\$ 3.25 per person

## **TART AND COOKIE TRAY**

A Delicious Combination of Pecan, Fruit, Chocolate & Custard Tarts, Soft Chocolate Chunk, Peanut Butter Chip, White Chocolate Macadamia Nut, M&M, Chocolate Fudge & Oatmeal Cookies. Garnished with Imported Cookies, Biscottis & Cannolis

\$ 3.25 per person

## **GOURMET COOKIE TRAY**

Soft Chocolate Chunk, Peanut Butter Chip, White Chocolate Macadamia Nut, M&M, Chocolate Fudge & Oatmeal Cookies. Garnished with Imported Cookies. 1 1/2 Cookies per serving.

\$ 2.25 per person

## **PETITE PASTRY TRAY**

A Gourmet Collection of French Pastries, Éclairs, Neapolitans, Mango & Raspberry Mousse, Chocolate & Caramel Apple Cheesecakes, Trufflicious Mousse Cake & More!

\$ 3.95 per person



# DRINKS

## COLD DRINKS

Assorted Pop .....	\$1.25
Bottled Water .....	\$1.25
Nestea Iced Tea .....	\$1.50
Assorted Bottled Juice .....	\$1.75
Perrier Sparkling Water .....	\$2.00

## HOT DRINKS

### COFFEE OR TEA

Box of Coffee or Tea	
(serves 10-15) .....	\$26
x40 ppl or more .....	\$1.50
Creamy Cafe Mocha .....	\$2.00
French Vanilla Cappuccino .....	\$2.00



# BBQ MENU

Seasonal Offering

BBQ, Cooks, Serving Staff and Rentals available.

Minimum 15 people for any menu item, unless otherwise noted.

## **CHICKEN BREAST & BURGER COMBO**

Grilled Chicken Breast, Lean All Beef Burgers

Served with:

Tri-colour Fusilli Pasta Primavera, Homestyle Potato Salad

Sides of Ketchup, Mustard, Relish Condiment Platter of sliced Red & Spanish Onions, Tomatoes, Lettuce, Pickles, Olives & Hot Peppers.

1 BBQ Item each \$12.95 per person

1.5 BBQ Item each \$15.95 per person

## **BURGER & SAUSAGE COMBO**

Lean All Beef Burgers, Grilled Italian Sausages with Sauteed Onions

Served with:

Creamy Coleslaw and Tri-colour Fusilli Pasta Primavera

Sides of Ketchup, Mustard, Relish. Condiment Platter of sliced Red & Spanish Onions, Tomatoes, Lettuce, Pickles, Olives & Hot Peppers.

1 BBQ Item each \$12.95 per person

1.5 BBQ Item each \$15.95 per person

## **PORTUGUESE BBQ CHICKEN COMBO**

Grilled Chicken in a Spicy Red Pepper Sauce  
(2 pieces per person).

Served with:

Roasted Potatoes, Rice Pilaf,

Garden Salad with Dressing,

Cheesy Garlic Bread

\$ 14.95 per person



# BBQ MENU

Seasonal Offering

BBQ, Cooks, Serving Staff and Rentals available.

Minimum 15 people for any menu item, unless otherwise noted.

## **GREEK BBQ COMBO**

Grilled Chicken & Pork Souvlaki

(2 pieces per person).

Served with:

Oven Roasted Potatoes, Herbal Rice Pilaf,

Greek Salad with Feta,

Grilled Mediterranean Vegetables,

Warm Pita Breads with Tzatziki Dip.

\$ 16.95 per person

## **CHICKEN & RIB COMBO**

Southwest Style Chicken Breast, Grilled Baby Back Ribs

Served with:

Baked Potatoes Au Gratin, Buttered Corn on the Cob,

Garden Salad with Dressings,

Grilled Herbal Bread.

\$ 19.95 per person

## **MORE BBQ OPTIONS**

Beef Sirloin, Chicken Breast,

Shrimp & Vegetable Kabobs,

Veggie Burgers,

Roasted Vegetables,

Sautéed Onions & Mushrooms

Pricing Varies



# APPETIZERS

Minimum 20 people for any menu item, unless otherwise noted.

## **HOT & COLD FINGER FOOD BUFFET**

Famous Roadhouse Style Chicken Wings  
Chicken Satays with Spicy Thai Dipping Sauce  
Vegetarian Samosas with Tamarind Dip  
Crispy Feta Stuffed Spanikopita with Tzatziki  
Fancy Triangle Sandwiches or Wraps  
Fresh Fruit & Cheese Platter  
Garden Vegetable Dip Platter

\$16.95 per person

## **ASSORTED APPETIZERS & HORS D'OEUVRES**

Chicken Breast Satays with Spicy Peanut Sauce  
Cocktail Size Cheese & Mushroom Tarts  
Chicken Breast Strips with Thai Dipping Sauce  
Crispy Vegetable or Chicken Egg Rolls with Plum Sauce  
Fancy Triangle Sandwiches, professionally garnished  
Jamaican Jerk Chicken Sticks with Cilantro-Lime Sauce  
Grilled Chicken & Roasted Red Pepper on Cheesy Focaccia Bread  
Tiger Shrimp Platter with Cocktail Sauce  
Vegetarian Samosas with Tamarind Dip  
Chicken & Monterey Jack Cheese Quesadillas with Salsa  
Quichettes made with Swiss Cheese, Diced Ham & Onions  
Cocktail Meatballs in Spicy Marinara Sauce or Swedish Style

Contact Us for your custom Appetizer Menu



# COLD PLATTERS

Approximate Size Servings  
(S 10-15, M 15-20, L 20-30)

## **GARDEN VEGETABLE DIP TRAY**

Crisp bite-size sticks of Red & Green Peppers, Carrots, Celery, Broccoli, Cauliflower, English Cucumbers, Cherry Tomatoes and much more!

Served with Creamy Herbal Dip.

(S)\$ 30 (M)\$ 50 (L)\$ 60

## **TROPICAL FRUIT AND CHEESE TRAY**

A Golden Pineapple Overflowing with Seasonal Fresh Fruit including Cantaloupe, Honeydew, Watermelon, Grapes, Oranges, Seasonal Berries & Kiwi.

Accompanied by bite-size Cheese Cubes & Assorted Crackers.

(S)\$ 35 (M)\$ 60 (L)\$ 85

## **FRESH FRUIT TRAY**

A Golden Pineapple Overflowing with Fresh Fruit including, Cantaloupe, Honeydew, Watermelon, Grapes, Oranges, Kiwi & Seasonal Berries

(S)\$ 35 (M)\$ 55 (L)\$ 80

## **VEGETABLES & DIP with CHEESE & CRACKERS TRAY**

Dipping size sticks of Crisp Red & Green Peppers, Carrots, Celery, English Cucumbers, Cauliflower, and Cherry Tomatoes.

Served with a Selection of International & Domestic Cheeses and Assorted Crackers.

(S)\$ 35 (M)\$ 55 (L)\$ 75

## **CHEESE AND CRACKER TRAY**

A Selection of International & Domestic Cheese Cubes & Slices served with Assorted Crackers and Professionally Garnished

(S)\$ 35 (M)\$ 55 (L)\$ 85

## **ITALIAN ANTIPASTO PLATTER**

An Authentic Platter consisting of Grilled Vegetables, Tomatoes, Olives, Pickles, Imported Cheeses & Crackers

(S)\$ 35 (M)\$ 55 (L)\$ 75

## **GRILLED VEGETABLE PLATTER**

A healthy choice of marinated and grilled colourful peppers, eggplant, carrots, zucchini, onions & asparagus

(S)\$ 35 (M)\$ 55 (L)\$ 75